### **BIO 3072**

### Ecology

Upper Limit of Tolerance

### **Organisms in Ecosystems**

•Organisms must reconcile their needs with what the

- environment provides • Organisms need a fairly constant internal environment. Because of entropy, organisms must acquire and use energy to maintain
- Maintenance of homeostasis is possible only under a certain range of conditions (*tolerance limits*). These tolerance limits vary with the individual and over time and space
- Organisms cannot do equally well in different environments (habitats). Distribution of organisms in habitats reflects environmental variation and evolutionary history
- Environmental challenges are countered by *adaptations*: inheritable traits that influence fitness
- Adaptations are the product of natural selection
- Organisms must be adapted to abiotic conditions within the habitat, e.g., temperature, moisture, light, radiation, salinity, pH, and gravity
- Organisms generally live in habitats together with organisms with similar requirements. Must be adapted to these *competitors*
- Organisms must also be adapted to diseases, predators, parasites, etc.

### **Limiting Factors**

- When limits for one or a few factors that affect homeostasis are approached, those factors generally become most important in determining survival,
- that is, they become *limiting factors*Proposed by Liebig (1840) as " The Law of the Minimum": the growth and/or distribution of a species is dependent on the one environmental factor that is in shortest supply
- Important in understanding physiological limits on animal distribution and abundance
- The exception is when one factor changes the tolerance for limitation of another (e.g., temperature and salinity), or when a second substance can substitute for another when availability of the first is limited (e.g., Sr for Ca in coral skeletons)

## Tolerance Range

Can be narrow ('steno-') or broad ('eury-'), and is different for each abiotic factor or condition:



- Tolerance ranges differ both within and between populations (populations with fixed and genetically-determined tolerances are called *ecotypes*)
- The tolerance range for one factor may affect tolerance ranges for others
- Tolerance ranges can change with different seasons, lifestyle stages, condition, age, etc.

## Zones of Tolerance Range

Zone of tolerance - central range at which the animal is most comfortable

 Within this range, there is often a narrower optimal range where the population does very well, and sometimes a preferred range that is actively sought out/and or competed for by individual organisms



Tolerance Range

Shelford (1940) Law of Tolerance - For each abiotic factor or

condition, there is a range within which an organism can

Optimum Ra

survive and reproduce

Lower Limit of Tolerance



# Zones of Tolerance Range

Zone of tolerance is bounded by an upper and lower zone of physiological stress (or resistance), within which the organism can survive for an indefinite period



Adaptation and Tolerance

### **BIO 3072**

# Ecology

## Zones of Tolerance Range

The bounds of the upper and lower zone of intolerance are determined by the upper and lower incipient lethal limits (ILL), respectively: U



■ ILL is the level where a stated fraction of individuals in a population (usually 50%) when brought rapidly to this level from a different level, will die within an indefinitely prolonged exposure

- ILL is not fixed, determined by previous acclimation history of the organism
- Acclimation has limits, however, and eventually the upper and lower ultimate incipient lethal limits are reached

### Niches

- A 'living space' encompassing all of an organism's tolerance ranges defines the organism's 'profession' or niche
- G.E. Hutchinson described the niche as an "n-dimensional hypervolume": an imaginary, multi-dimensional space encompassing all of an organism's required resources

#### and conditions

- Fundamental niche: the full range of conditions to which the organism is or can be adapted

- gets to use Humans are unique in that their use of technology

#### has allowed then to hugely expand their n

Different species (must) occupy different niches



# Niche Size and Overlap

- Niche sizes of different species differ
- •Species with wide (broad) niches are generalists
- •Species with narrow niches are specialists, e.g., starlings in England eat only the ticks off of sheep and deer
- ■Niche overlap occurs whenever two or more organisms use the same resource. May result in:
- •Intraspecific competition if organisms are the same species
- •Interspecific competition if organisms are different species



### Niche Reduction and Competitive Release

- Competition may force some or all organisms with overlapping niches to:
  - Decrease the size of their realized niches (niche compression) • Alter their realized
- niches (niche shift) In contrast, if competition
- is released (e.g., if a species colonizes a new habitat with no competitors), then niche size may expand (competitive release)



# "Normal" Physiology

When environment is such that the organism is within tolerance limits for all factors, "normal" physiology occurs and the organism is free of stress

"Everybody knows what stress is and nobody knows what it is " - Hans Selye (1973)

- Often measured along a continuum from the molecular (e.g., induced proteins) to the ecosystem level (e.g., shifts in respiration:production or nutrient cycling)
- Most often, a measurement of "stress" is implied for any significant shift in a quality regardless of the level examined
  - Direct indicators (e.g., change in hormone levels)
  - Indirect indicators (e.g., increased intensity of parasite infection)

### Four common qualities of stress at any level of ecological organization:

- 1) Stress is a response to or effect of an external factor (stressor) that is detrimental and disorganizing
- 2) The detrimental and disorganizing factor is atypical or present at atypical levels of intensity
- 3) The system responds by or is characterized by a modification in energy flow or system structure
- 4) Temporal qualities are central to the concept of stress: stress is a response to a *recent* stressor

Topic 4

Adaptation and Tolerance

### BIO 3072

## Ecology

### **Determining Effects of Stress**

Follows the 'hierarchical organization of life':

- **Subcellular:** molecular effects and biomarkers
- Cellular: cytotoxicological, histopathological, and genetic effects
- Individual: sublethal, acute, and chronic lethal effects
- Population: epidemiology, population genetics, population dynamics and demography
- Community and ecosystem (e.g, changes in biodiversity, P/R ratios)
- Landscape, regional/ecoregional, and biosphere (e.g., watershed pollution, changes in atmospheric chemistry)

### **Stress Effects on Individuals**

- Hormesis: a stimulatory effect in response to exposures to low
- ("subinhibatory") levels of toxicants or physical agents • In ecology, this is associated with the so-called "subsidy-stress" hypothesis
- In some animals, exposure to low-level ionizing radiation or other stressors causes an increase in lifetime reproductive output with no decrease in maternal lifespan
- In humans, it forms the basis for homeopathic medicine
- Physiological acclimation and acclimatization: adaptive changes in an individual in response to a change in environmental conditions
- More specifically, acclimatization refers to adaptive shifts taking place under natural conditions
- Acclimation refers to shifts taking place under controlled laboratory conditions, or the time spent in the experimental setup before beginning measurements

Hypothetical Thermal Tolerance in Fishes (based on Coutant, C. 1970. Biological aspects of thermal pollution: 1. Entrainment and discharge canal effects. CRC Critical Reviews in Environ. Control 341-381)



### **Effects of Acclimation Time**

Dixon and Sprague (1981) change in ILL for Cu with acclimation level *and* acclimation time in rainbow trout:



 Response surface is essentially a "3-D" version of Chapman (1985) results: the "ski-jump" shape is formed by the lower limit on induced response

# **Quantifying Acclimation**

Chapman (1985) described a general toxic response model for acclimation to metals, based primarily on LC50 data:



Redrawn from: Chapman, G.A. 1985. Acclimation as a factor influencing metal criteria. Pages 119-136 in R.C. Bahner and D.J. Hansen (eds). Aquatic toxicology and hazard assessment: Eighth Symposium. Philadelphia, PA, American Society for Testing and Materials.

- Zone of roughly linearly increasing tolerance with increased acclimation concentration producing increased LC50 Explanation: induced response to metal that enhances tolerance
- Maximum acclimation concentration above which tolerance decreases Explanation: damaging effects exceed capacity of induced response
- Lower limit on acclimation, below which tolerance decreases Explanation: no induced response, but damaging effects still occur

### Stress Effects on Individuals: General Adaptation Syndrome (GAS)

Also developed by Selye, consists of 3 phases:



- Alarm reaction involves immediate reactions, e.g., increased pulse rate, blood pressure, or respiration ("fight or flight" response)
- If stressor continues to exert effect on organism, *resistance* responses that "stimulate tissue-defense" (e.g., enlargements of the adrenal cortex, induction of metal-binding proteins occur)
- After a characteristic period of exposure, the organism enters an exhaustion phase indicating the that "finite adaptive energy" of individual has been reached. With continued exposure, the organism is unable to maintain itself and dies

Adaptation and Tolerance